Toronto Area Residency Consortium (TARC)

in School, Clinical, Counselling,
Health and Neuropsychology

Residency Brochure 2027 – 2028

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Introduction

The Toronto Area Residency Consortium (TARC) is a CPA-accredited doctoral residency training program in professional psychology, hosted by Broadview Psychology and Forward Thinking Psychological Services®.

TARC offers training through **Child and Adult Tracks**, with opportunities in clinical, counselling, school, and neuropsychology, as well as health psychology when available.

The training program takes place over a 12-month, 1,600-hour residency. TARC was re-accredited by the Canadian Psychological Association (CPA) in 2022 for a six-year period.

The overarching goal of TARC is for residents to develop competencies in the core areas of psychological practice, including psychological assessment, diagnosis, treatment/intervention, consultation, and program evaluation/research. These competencies are developed through supervised training experiences across participating consortium sites, with specific training opportunities varying from year to year.

Consortium Partners

The seven-member organizations of the consortium from 2026-2027 are listed below. TARC is currently growing and will provide updated information as partner sites continue to grow.

School-Clinical Track

1. Toronto Catholic District School Board (TCDSB)
2. Family Psychology Centre (FPC)
3. Broadview Psychology
4. Forward Thinking Psychological Services®

Adult Track

1. Toronto Metropolitan University's Centre for Student Development and Counselling (CSDC)
2. University Health Network
3. York University Psychology Clinic
4. Broadview Psychology
5. Forward Thinking Psychological Services®
6. Axia Health, North York General Hospital
7. Transforming Emotions

The consortium is hosted by Broadview Psychology and Forward Thinking Psychological Services®. Drs. Christine Sloss and Marlene Taube-Schiff are the co-directors for the residency program. The Consortium is composed of several partners: a Toronto school board, several hospitals and community and university-based mental health settings.

TARC is strongly committed to providing a learning and training environment and culture built on the fundamental values of equity, diversity and inclusion. We value the diversity of the communities we serve, the diversity of those offering psychological/psychotherapy services and supervision, and the importance of recognizing and respecting human differences and similarities.

Track Overviews

Child Track - School-Clinical

TARC will be offering 2 full-time residency positions in its School-Clinical Track. Each resident will spend 2.5 days a week in one of the school boards and 2 days a week at one of the clinical training sites until the end of June/beginning of July. Residents will then complete all of their remaining training days at their clinical training site in July and August. All residents will participate in a weekly seminar series on Fridays over the course of the year.

The central goal of the Clinical-School track is to graduate residents who have competency in both school and clinical psychology with an emphasis on children, youth, and families. This goal is pursued through the provision of training in core areas of psychological practice, including assessment, diagnosis, therapeutic intervention, psycho-educational and psychological testing and consultation within both school and clinical rotations.

The training residents receive will equip them with the skills required to intervene effectively with children and youth experiencing a wide range of mental health concerns in both school and community settings as well as skills needed to assess, diagnose and offer remediation for learning difficulties. The high-quality training residents will receive will also prepare them for post-doctoral supervised practice in psychology.

Position 1: The resident will have two part-time rotations simultaneously at Toronto Catholic District School Board (TCDSB) and at Family Psychology Centre (FPC).

Position 2: The resident will have two part-time rotations simultaneously at Toronto Catholic District School Board (TCDSB) and at either Broadview Psychology or Forward Thinking Psychological Services®.

*Note, you are not required to be of the Catholic faith to work as part of the psychology staff at the TCDSB.

Adult Track

The **Adult Track** provides training opportunities in clinical, counselling, and neuropsychology, with health psychology training offered when available. Residents complete training experiences across participating TARC partner sites.

For the 2027–2028 residency year, Adult Track training opportunities will be available at:

Clinical, counselling, health:

- Toronto Metropolitan University Centre for Student Development and Counselling (CSDC)
- York University Psychology Clinic (YUPC)
- Broadview Psychology
- Forward Thinking Psychological Services®
- Eating Disorders Program at Toronto General Hospital, University Health Network (UHN)
- Department of Anesthesia and Pain Management, University Health Network
- Princess Margaret Cancer Centre, University Health Network
- Transforming Emotions (TE)
- Axia Health, North York General Hospital (NYGH)

The specific configuration and pairing of training experiences for the 2027–2028 residency year is mostly finalized and described in the different sections of the brochure.

Neuropsychology:

- Neuropsychology Services, Toronto Western Hospital, University Health Network
- Spinal Cord Injury Rehabilitation Program, Toronto Rehabilitation Institute (Lyndhurst), University Health Network

The Adult Neuropsychology rotation structure is described in the Major Adult Neuropsychology Rotations section.

The goal of these training experiences is to prepare residents for independent practice as professional psychologists who are scientifically informed. Across training sites, residents will work with clients from diverse populations and gain experience with a wide range of mental health concerns.

All residents will participate in a weekly seminar series on Fridays over the course of the year.

Training Goals

Within each organization there is a recognized need to train residents in competencies related to the practice of professional psychology unique to that setting.

The following general goals of training are common to all members of the consortium:

1. To provide residents with a broad-based training program in core areas of psychological practice – assessment, diagnosis, consultation and treatment/intervention.
2. To facilitate the development of residents in their professionalism and professional identity as psychologists.
3. To facilitate the development of skills necessary for functioning as psychologists working within inter-disciplinary teams and with community partners.
4. To facilitate residents' appreciation and understanding of individual differences, including gender and multicultural issues.
5. To facilitate residents' integration of research and best practices into their professional roles.

In order to ensure that this residency meets professionally agreed upon standards and ensures employment mobility for our graduates, we are accredited by CPA and our residency training program adheres to CPA standards and criteria. We are also members of the Canadian Council for Professional Programs in Psychology (CCPPP) and the Association of Psychology Post-Doctoral and Residency Centers (APPIC). We participate in the APPIC Computerized Matching Program, and adhere to APPIC guidelines.

Consortium Partner Descriptions (School-Clinical Track)

Toronto Catholic District School Board (TCDSB)

The Toronto Catholic District School Board (TCDSB) is the largest Catholic school board in Canada, with over 90,000 students and 200 schools. TCDSB students come from a diverse range of ethnic and socio-economic backgrounds. The work of Psychological Services staff addresses the continuum of needs from prevention to assessment and intervention, and from mental health promotion and training to program design and evaluation. In addition to School Psychology as their declared area of competence, a number of Psychological Services staff are also licensed to practice in Clinical and/or Counselling Psychology (as per their registration by the College of Psychologists of Ontario).

http://www.tcdsb.org

https://www.tcdsb.org/ProgramsServices/SpecialEducation/psychology/Pages/What-is-School-Psychology.aspx

Broadview Psychology

Broadview Psychology is a family focused and team based private clinic in central Toronto and Stouffville that provides DBT, CBT and EFT treatment to children, adolescents, parents, families, adults, and couples with

diverse challenges. Our team consists of psychologists, social workers, post-docs, graduate students, behaviour therapists, dietitians and admin staff. Our clinic specializes in assessing and treating multi-diagnostic clients who have difficulties in regulating their emotions and behaviour through comprehensive and adherent outpatient DBT. We offer comprehensive DBT programs for children, young adolescents, older adolescents, young adults and adults with considerable involvement of their family members. Our clinicians work closely together as a team to provide a wide range of services to clients and family members, including individual, group, parent, and family therapy, as well as phone/text coaching, behavioural coaching, dietitian counselling, and meal monitoring. Although most of our services are offered in person, we do provide virtual treatment to clients when necessary and clinically appropriate. In addition to intervention services, we offer comprehensive psychodiagnostic and psychoeducational assessments across the lifespan.

We strive for clinical effectiveness through strong training and supervision programs, and ongoing and extensive program evaluation. We are family and community oriented, and benefit from formal and informal consultation with family members, colleagues, service providers and community agencies. Finally, we are committed to accessibility and inclusion, and offer pro bono or low fee services to lower income clients whenever possible.

http://www.broadviewpsychology.com/

Family Psychology Centre (FPC)

Family Psychology Centre (FPC) is a teaching center as well as a full-service psychology practice for children, adolescents, young adults, and families. Clinical Psychology Residents have the opportunity to obtain intensive training in emotion focused therapies (EFT-F and EFT-Y), family-based treatment, as well as a wide range of other treatment approaches, including CBT, DBT, ACT, art therapy and play therapy. As a clinical teaching site within the community, our team comprises four supervising psychologists, two child psychiatrists, approximately ten psychology trainees at different levels of clinical practice— practicum, residency, and supervised practiced— as well as an interdisciplinary team, including Psychiatry, Social Work, Art Therapy, Psychotherapy, and Occupational Therapy. The clinical services that we offer include psychological consultation, assessment, individual therapy, separated and joint parent-child dyadic therapy, parent coaching sessions, couples therapy, and family-based therapy. We are affiliated with the Emotion Transformation Institute, a clinical research and teaching organization offering training for clinicians locally and internationally. Our Emotion Focused Therapy workshop for parents and caregivers provides tools, support, and skills practice for parents and caregivers looking to help their loved ones of all ages through emotional and behavioural problems, mental health challenges, and recovery from a range of clinical disorders.

Our main clinic site is conveniently located in Uptown Toronto near Yonge and Eglinton and we have an interdisciplinary site integrated with pediatrics and medical subspecialties near North York General Hospital at Leslie and Sheppard (North York site). Both sites treat diverse populations, although our North York site tends to focus on primary care and have a younger referral base. All of our services are back in-person but, if clinically appropriate, we do offer a variety of psychological services online through secure video, at the client's request. Although we operate as a private practice, part of our mission is to provide accessible mental health care to our community and we do this in several ways: through our Access FPC program, which offers low cost and pro bono services to hundreds of children and their families each year, and through a partnership with Regent Park Community Centre, providing pro bono assessment and therapy to youth and their families.

https://familypsychology.org

Forward Thinking Psychological Services (FTPS)

Forward Thinking Psychological Services (FTPS) is a multidisciplinary collaborative group practice. Associates in the practice have diverse backgrounds and include psychologists, social workers, doctoral level therapists and a couples and family therapist. FTPS focuses on evidence-based assessment and treatment (individual and group) for individuals with OCD, anxiety disorders and OCD related disorders. We also see clients with a range of other presenting issues as well, including depression, trauma, and executive functioning difficulties. We work with

youth, young adults, adults, parents, families and couples. We provide a wide range of psycho diagnostic assessments, with a focus on ADHD and ASD assessments for adults.

Residents will be provided with consultation, supervision and training in a variety of interventions, including cognitive behavioural therapy (CBT), exposure and response prevention (ERP), inference-based CBT (I-CBT) for OCD, acceptance and commitment therapy (ACT) as well as dialectical behaviour-informed therapy (DBT). Our approach to assessment and intervention is neuroaffirming and adapted to the strengths and diversity of each individual we work with. Supervision, teaching and learning from each other are priorities within our practice. Our team meets monthly to engage in didactic learning, discuss challenging cases and learn from each other in a collaborative space. Assessment team meetings also take place monthly to allow for specific discussions and collaboration regarding complex diagnostic presentations. Professional development is provided through in-house and external speakers on a regular basis. FTPS delivers treatment across Ontario, Alberta, BC, Nova Scotia, Quebec and New Brunswick. We are mostly virtual and have a bookable space in midtown Toronto.
www.ftpsych.ca

Consortium Partner Descriptions (Adult Track)

Toronto Metropolitan University's Centre for Student Development and Counselling (CSDC)

Set in the heart of downtown Toronto, Toronto Metropolitan University is home to 36,000 full-time undergraduate students and 2,500 graduate students, with a culturally diverse student population from 146 countries. The Centre for Student Development and Counselling is part of a larger department - Student Wellbeing, which consists of the CSDC, Health Promotion, the Medical Centre and Academic Accommodation. The CSDC provides direct service to over 2,2000 students annually through individual therapy, group therapy, and psycho-educational workshops. The Department of Student Wellbeing is a multi-disciplinary team consisting of psychologists, social workers, registered psychotherapists, a health promotion nurse, psychiatrists and general practitioners

www.torontomu.ca

Broadview Psychology

Broadview Psychology is a family focused and team based private clinic in central Toronto and Stouffville that provides DBT, CBT and EFT treatment to children, adolescents, parents, families, adults, and couples with diverse challenges. Our team consists of psychologists, social workers, post-docs, graduate students, behaviour therapists, dietitians and admin staff. Our clinic specializes in assessing and treating multi-diagnostic clients who have difficulties in regulating their emotions and behaviour through comprehensive and adherent outpatient DBT. We offer comprehensive DBT programs for children, young adolescents, older adolescents, young adults and adults with considerable involvement of their family members. Our clinicians work closely together as a team to provide a wide range of services to clients and family members, including individual, group, parent, and family therapy, as well as phone/text coaching, behavioural coaching, dietitian counselling, and meal monitoring. Although most of our services are offered in person, we will provide virtual treatment to clients when necessary and clinically appropriate. In addition to intervention services, we offer comprehensive psychodiagnostic and psychoeducational assessments across the lifespan.

We strive for clinical effectiveness through strong training and supervision programs, and ongoing and extensive program evaluation. We are family and community oriented, and benefit from formal and informal consultation with family members, colleagues, service providers and community agencies. Finally, we are committed to accessibility and inclusion, and offer pro bono or low fee services to lower income clients whenever possible.

http://www.broadviewpsychology.com/

University Health Network

University Health Network (UHN) is Canada's leading research academic hospital. Building on the strengths and reputation of each of its programs, UHN brings together the talent and resources needed to transform lives and communities through excellence in care, discovery and learning. Our primary value above all else is that patients come first. Additional values include: Safety, Compassion, Teamwork, Integrity and Stewardship. UHN is a network of teaching hospitals that comprises: The Princess Margaret Cancer Centre, Toronto General Hospital, Toronto Western Hospital, West Park Healthcare Centre and the five sites of the Toronto Rehabilitation Institute covering ten program areas. Across the five hospitals are numerous inpatient and outpatient units focusing on care in a diverse range of medical issues and complex diseases. UHN serves the needs of both younger and older adults from a large catchment area with diverse cultural backgrounds.

Psychologists work at the intersection of medicine and mental health within interdisciplinary team settings to provide exemplary care for patients dealing with a range of complex medical issues with a focus on assessment, diagnostics and interventional techniques.

http://www.uhn.ca/

York University Psychology Clinic (YUPC)

YUPC is a state-of-the art community mental health clinic and training centre associated with the Department of Psychology in the Faculty of Health and located on the Keele Campus of York University. The clinic was established several years ago with a main goal to enrich training experiences for York's two clinical doctoral psychology programs: Clinical Developmental, which primarily focuses on the infant/child/youth populations, and Clinical which primarily focuses on the adult population. Both programs are CPA accredited. The Clinical Area offers opportunities to engage in clinically-relevant research in psychotherapy process and outcomes, neuropsychology, health psychology and personality.

The clinic provides a range of leading edge, effective mental health services on a fee for service basis to keep people of all ages living healthy, productive lives. The clientele are not restricted to those seen in a typical university counselling service but rather are a broad range of community and university referrals of individuals, couples and families who live in the Greater Toronto Area. Services include comprehensive psychological assessments (psycho-educational, psycho-diagnostic and neuropsychological), therapy (individual and group) and health promotion activities, such as mindfulness mediation groups.

www.yorku.ca/health/yupc/

Forward Thinking Psychological Services (FTPS)

Forward Thinking Psychological Services (FTPS) is a multidisciplinary collaborative group practice. Associates in the practice have diverse backgrounds and include psychologists, social workers, doctoral level therapists and a couples and family therapist. FTPS focuses on evidence-based assessment and treatment (individual and group) for individuals with OCD, anxiety and OCD related disorders. We also see clients with a range of other presenting issues as well, including depression, trauma, and executive functioning difficulties. We work with youth, young adults, adults, parents, families and couples. We provide a wide range of psycho diagnostic assessments, with a focus on ADHD and ASD assessments for adults. Residents will be provided with **c**onsultation, supervision and training in a variety of interventions, including cognitive behavioural therapy (CBT), exposure and response prevention (ERP), inference-based CBT (I-CBT) for OCD, acceptance and commitment therapy (ACT) as well as dialectical behaviour-informed therapy (DBT). Our approach to assessment and intervention is neuroaffirming and adapted to the strengths and diversity of each individual we work with. Supervision, teaching and learning from each other are priorities within our practice. Our team meets monthly to engage in didactic learning, discuss challenging cases and learn from each other in a collaborative space. Assessment team meetings also take place monthly to allow for specific discussions and collaboration regarding complex diagnostic presentations. Professional development is provided through in-house and external speakers on a regular basis. FTPS delivers

treatment across Ontario, Alberta, BC, Nova Scotia, Quebec and New Brunswick. We are mostly virtual and have a bookable space in midtown Toronto. www.ftpsych.ca

Axia Health, North York General Hospital

Axia Health, a member of North York General Hospital, provides expert care in the occupational health, property & casualty, and short-term & long-term disability sectors. Our team consists of psychologists, physical therapists, chiropractors, and occupational therapists. The placement involves treatment of patients who have musculoskeletal or neurological injuries secondary to an injury at the workplace. Workers have developed mental health and psychosocial sequelae as a result of their injury. Clients represent a diverse range of cultural and socioeconomic backgrounds. Common conditions treated include depression, anxiety, posttraumatic stress disorder, and somatic symptom disorder. Treatment modalities include CBT, DBT, and ACT. Treatment is conducted in person at 255 Consumers Rd Suite 220 and/or by Zoom (a hybrid model is offered). There may be some opportunities to complete comprehensive psychological assessments. These include a medical file review, diagnostic clinical interview and questionnaire administration. The purpose of the assessment is to provide direction regarding psychological diagnosis, prognosis, treatment and functional recommendations. Assessments are conducted by Zoom or at the North York General Assessment and Wellness Centre (at 4001 Leslie St). https://axiahealth.com/

Transforming Emotions

Transforming Emotions is a private practice located in downtown Toronto. We have a hybrid practice through a central in-person location in downtown Toronto. We typically have 15-20 clinicians in the practice from practicum level through to autonomous psychologists, social workers, and psychotherapists. We work with clients from diverse backgrounds ranging in age from late adolescence to age 65. This residency position is focused on working with adult populations.

A residency position at Transforming Emotions is ideal for candidates seeking an immersive training experience focused on the theory and practice of Emotion Focused Therapy in the treatment of individual clients. Supervisors vary in their practice with capacity to integrate across modalities including elements of CBT, DBT, and AEDP. Residents new to EFT will focus primarily on working with depression, anxiety, grief, relationship concerns, and life transitions. Those familiar with the model (or who have previously been trained in the treatment of symptoms associated with childhood trauma) are welcome to also work with clients seeking treatment for symptoms typically associated with childhood trauma or post-traumatic stress.

This site offers weekly individual supervision, monthly group supervision with a focus on sharing recordings of in-session material for feedback and learning, and required completion of a 30-hour training in EFT focused on didactic and experiential learning. Independent learning is expected including reading and review of APA videos of EFT therapies (access to videos is provided on site). Please visit transformingemotions.ca for further information about the practice.

Residency Program: Child Track (School-Clinical)

Residents will be assigned to a school psychology rotation within the TCDSB and participate in a major rotation in clinical child psychology at either Family Psychology Centre, Broadview Psychology or Forward Thinking Psychological Services®, depending on the results of the match. Each resident will spend 2.5 days a week in the school boards, 2 days a week at one of the clinical training sites, and .5 days a week attending the joint didactic portion of the training program.

A typical schedule of rotation is outlined in the table below.

Rotation	Days/ week	Months	Location	Description
Major School Psychology	2.5 days per week	Sept. – June	TCDSB	Elementary and Secondary School Psychology Rotation Minor rotations or special projects (see list in brochure) may be sought.
Major Clinical Child Psychology	2 days per week	Sept. – June.	One of: Broadview FPC Forward Thinking	See descriptions in the body of the brochure.
Seminars/ Resident Meetings	Friday PM .5 days	Sept. – Aug.	TBD	Didactic seminars, professional development, resident meetings
Summer	4.5 days	July- Aug	All clinical sites	School board hours revert to clinical sites.

Overview of Clinical Rotations

Rotation in School Psychology

Toronto Catholic District School Board (TCDSB)

Psychological Services staff at the TCDSB are assigned to specific schools (elementary and secondary) and are members of each school's interdisciplinary team which also includes Social Workers, Speech-Language Pathologists, Assessment and Programming Teachers, the school Principal and appropriate school staff.

At the TCDSB, psychological service provision is based on a multi-tiered prevention/intervention model, whereby the intensity of supports and the levels of interventions are provided based on need. At the primary (Tier 1) level, consultative support and broad scale universal preventative and proactive interventions are provided to entire schools or classrooms. These may include whole class prevention programs, as well as the provision of professional development and training (to teachers, guidance counselors, school administrators and support staff) on topics such as, e.g. mental health, special education needs of students with disabilities, classroom behaviour management, etc. At the secondary (Tier 2) level, targeted prevention and intervention is provided to at-risk groups or individuals. These may include the provision of needs-based group intervention (e.g., anxiety reduction, anger management, social skills development), focused consultation to teachers and school staff, crisis response, and involvement in threat and risk assessment teams. At the tertiary (Tier 3) level, intensive intervention and remediation efforts are tailored to individuals with significant needs. These may include psychological assessment, development of positive behaviour support plans and safety plans, behavioural assessment and programming, participation on specialized support teams (e.g., autism team, alternative education team), implementation and evaluation of individualized programs, and provision of individual counseling and treatment.

Residency opportunities are available at all levels. Supervision is provided by psychologists with declared competency in School Psychology (and potentially in Counselling, and/or Clinical Psychology). The following Major School Psychology Rotations and special projects are available:

Major School Psychology Rotation: Elementary and Secondary School Psychology Rotation (TCDSB)
In this rotation, residents will receive assignments to one Elementary and one Secondary School. Within each of these schools, they will work alongside a Psychologist , and will complete the following professional activities: conduct teacher focused consultations, participate in the school's interdisciplinary team meetings and case conferences, provide professional development presentations to school staff or parents, conduct full psychological assessments, write reports (tailored to address the needs of parents and the school system), work with classroom teachers and special education teachers to translate assessment findings to Individual Education Plans (IEP) for students, present at Identification, Placement and Review Committee meetings, provide intervention/counseling.

Other opportunities for residents may include: Participating in our annual student-lead mental health awareness initiative ("Stop the Stigma") offered in secondary and some elementary schools, providing crisis intervention, working with other professionals to run intervention groups (e.g. social skills, cognitive-behavioural groups).

In addition, residents will be invited to participate in professional development activities/events organized regularly for the members of the TCDSB Psychological Services Department.

Special Projects:
There are a variety of other types of services within the TCDSB that are supported and/or led by Psychological Services, such as providing and overseeing school-wide and board-wide mental health initiatives (e.g, the annual student mental health conference), providing classroom based mental health prevention programs, involvement in program design and implementation for students with special education needs, participating in evaluation of new and/or existing intervention programs, etc. These services are provided in a collaborative interdisciplinary context and may not be tied to a specific school. Residents may choose to participate in one or more of these services.

In addition to the above, there are specialized services provided by Psychological Services staff to support students with complex needs. Involvement in such services will allow for the opportunity to gain experience and develop skills in working with students with specific needs or disabilities. Residents may participate in interdisciplinary teams servicing the Autism Programs (system wide); the Alternative Secondary School Program (which provides support to students aged 16 to 21); and the Alternative Program for students who have been expelled from elementary or secondary school due to struggles with noncompliance, aggression, and disruptive behavior. Residents will have an opportunity to gain experience in consultation to teachers, support staff, and parents; conducting psychological, social-emotional, or behavioural assessment, counselling and/or intervention, depending on the presenting need; and liaising with service providers in the community (e.g., hospitals, mental health agencies, juvenile justice system, etc.).

Residents will work with their primary supervisor (allocated by the chief psychologist) to select and organize participation in one or more of these specialized services over the year, depending on each resident's interest and training goals and the opportunities available. Residents may be involved with a secondary supervisor while in these special team placements.

Contact: Marie-Josée Gendron, Ph.D., C.Psych. *Acting Chief of Psychological Services*

Major Child and Adolescent Clinical Psychology Rotations

Broadview Psychology DBT Program

Clinical Opportunities at Broadview Psychology:

Residents will work within a dynamic, stimulating, and supportive team to provide empirically based treatment (primarily DBT and CBT) to clients who have difficulties related to emotional and behavioural dysregulation. Broadview Psychology specializes in providing comprehensive and adherent outpatient DBT to clients and their

families. DBT aims to help clients to improve their ability to be mindful, accepting, validating and regulating of their emotions, such that they are not engaging in impulsive, avoidant or ineffective behaviour due to their emotions. Residents will have the opportunity to provide the following DBT or CBT services:

- DBT assessment and case formulation of children, adolescents, and/or young adults
- DBT skills groups (co-facilitated) for children, adolescents, young adults, and/or parents
- CBT, ACT or Mindfulness groups (co-facilitated) for adolescents, or young adults to address depression, social anxiety, OCD, or body image issues
- DBT and CBT individual therapy for children, adolescents, or young adults
- DBT phone and text coaching with adolescents, young adults, or parents
- DBT or EFT parent or family therapy

If interested, residents may improve their testing and conceptualization skills by providing psycho-diagnostic, psychoeducational, ASD, ADHD and gifted assessments to children, adolescents or young adults.

Educational Opportunities:

Residents will have the opportunity to receive extensive training while at Broadview Psychology as this is an important component of the clinic. They will participate in weekly training sessions on providing DBT to adolescents, young adults, and families (minimum of 32 hours). They will attend training or consultation sessions provided to the Broadview Psychology team based on the team's educational needs. Residents will take part in weekly DBT consultation team meetings at which they will receive consultation from and provide consultation to team members. Residents may also attend relevant external trainings, financed by Broadview Psychology.

Research Opportunities:

Broadview Psychology has a program evaluation team headed by Dr. Vaunam Venkadasalam, that coordinates ongoing evaluation of our clinic, as well as evaluation of particular time-limited services. Residents will meet with this team to choose a program evaluation project using existing data or by collecting new data. They may engage in a process or summative evaluation of any of our services.

Supervision:

Broadview Psychology places an emphasis on supervision and provides weekly supervision to all trainees and consultation to all registered clinicians. Residents will receive a minimum of 1 hour of weekly individual supervision with a registered psychologist, and 2 hours of weekly group consultation/supervision at DBT consultation team meetings. They will also receive supervision on an as needed basis with primary supervisors,assessment supervisors, co-facilitators of groups and with colleagues. Supervisors will be available at all times for emergency consultation. Supervision will occur through discussions of clinical, professional and ethical questions and issues, and the review of session recordings.

Supervision opportunities for residents:

Residents will have the opportunity to supervise a more junior clinician during the second half of the year. They will also provide consultation to any members of the clinical team both formally through consultation team meetings and informally through ongoing collaboration on cases.

Supervisors:

Christine Sloss, Ph.D., C.Psych (main contact; child, adolescent, adult, family, parent, couple); drsloss@broadviewpsychology.com

Petrice Gentile, Ph.D., C.Psych (child, adolescent, parent)

Family Psychology Centre (FPC)

Clinical Opportunities: Consultation and Treatment

As a clinical teaching site, our residents and trainees are a priority at **FPC.** Residents will practice within a supportive, highly skilled interdisciplinary team in the provision of psychological services including EFT, EFFT, MI, CBT, DBT, family therapies, amongst other treatment approaches. Residents can choose up to three core

modalities on which to focus their training, although exposure to other areas is also supported based on the interest of the resident. As a community-based mental health clinic, we receive referrals at all levels of complexity and chronicity, from a child's first panic attack to early signs of psychosis in a young adult. In addition to common clinical disorders such as anxiety, ADHD, and depression, we have developed a strong reputation for treating complex intergenerational trauma, infant mental health, obsessive-compulsive disorder, eating disorders, and the mental health challenges faced by neuro-divergent youth. Clinical supervision is provided by experienced psychologists registered to supervise child, adolescent, and family psychology and residents can expect training in consultation, advanced clinical interviewing skills, treatment planning and implementation, evaluation of treatment progress, and the option to participate in clinical research activities. Residents are also supported in their own trajectory of growth through our Emotion Focused Training Team-a group supervision experience that includes demonstration, didactic video presentation, and skills practice in a safe and collaborative environment.

Clinical Assessment

Residents are provided with the opportunity to conduct a small number of complex, comprehensive assessments with a focus on socio-emotional disorders and/or specialized clinical questions. The specialized assessments include clinical queries of ADHD, eating disorders, OCD, and ASD. Our supervising psychologists also have many years of experience practicing in school board settings and residents will receive training in providing consultation to public and private schools when sharing assessment feedback and to support a therapy client.

Educational Opportunities

FPC engages residents and other psychology trainees in a series of didactic and experiential learning opportunities. Residents can choose to attend two or more topics from the Clinical Seminar Series that are held throughout each year: 1. Family Therapy; 2. Motivational Interviewing; 3. Play and Art Therapy; 4. ERP for Obsessive-Compulsive Therapy; 5. DBT for Adolescents; and 6. Trainee Choice Series, which is determined each year depending on the interests of the residents and practicum students.

All trainees are required to attend the Emotion Focused Training Team, a monthly training group held on Mondays from 10 a.m. to 12 p.m. and facilitated by Dr. Mirisse Foroughe. Additional trainings are offered throughout the residency, including formal clinician trainings in Emotion Focused Therapy for Youth and for Families.

Research Opportunities

Residents are welcome to engage with the Emotion Transformation Lab, a 12-member clinical research institute in collaboration with York University and the University of Waterloo. Opportunities to participate in program evaluation or clinical trials are available to residents.

FPC Clinical Supervisors

Mirisse Foroughe, Ph.D., C. Psych.

Angele Massey-Garrison, Ph.D., C. Psych

Heather McLean, Ph.D., C. Psych.

Rachel Moline, Ph.D., C. Psych.

Forward Thinking Psychological Services®

Clinical Opportunities at Forward Thinking Psychological Services®

Residents will have the opportunity to work within an enriching and collaborative team and learn to deliver evidence-based assessment and treatment approaches for adolescents, emerging/young adults and parents. Clinical opportunities will be tailored to individualized learning goals.

Our clinic specializes in the provision of assessment and treatment for individuals experiencing symptoms of OCD, OCD related and anxiety disorders. Our team also focuses on comprehensive assessment for young adults seeking ASD and/or ADHD assessments. We also work with individuals presenting with other issues, including depression, emotion dysregulation, trauma, interpersonal challenges and executive functioning difficulties. We

receive diverse referrals from the community, psychiatrists, inpatient hospitals and residential treatment programs. Residents will receive exposure to a depth and breadth of psychological disorders.

Residents will have the opportunity to learn approaches for adolescents, emerging/young adults and parents, focusing on both assessment and intervention:

- CBT interventions for OCD and OCD-related disorders, with a focus on ERP and ACT-based approaches
- Inference-Based CBT for OCD
- CPT for PTSD and trauma-related disorders
- ACT and DBT-informed approaches for a variety of other disorders including anxiety disorders, depression and executive functioning challenges
- Comprehensive psycho diagnostic assessments (older adolescents), ASD and/or ADHD assessments (older adolescents, young adults)
- Assessment feedback sessions take place with a supervisor present to enhance learning and growth

FTPS delivers treatment across Ontario, BC, Alberta, Nova Scotia, Quebec and New Brunswick. We are mostly virtual but we do have a space in midtown Toronto that we can book in-person sessions.

Educational Opportunities:

Our team meets once a month to engage in didactic learning, discuss challenging cases and learn from each other in a collaborative space. Monthly assessment team meetings allow for discussions and collaboration regarding complex diagnostic presentations. In-house professional development is also delivered and includes a focus on OCD-related clinical skills, parent coaching work, couples and family therapy interventions, therapeutic ruptures and repair and attachment-informed approaches. We also deliver workshops and training through our relationship with a practice collaborative, which have included training on Grief Therapy, Acceptance and Commitment Therapy, and Gender Transitioning.

Research Opportunities:

Forward Thinking engages in ongoing data collection and program evaluation. Residents will have the opportunity to work on a program evaluation project using the existing data collection tools or are welcome to discuss a new data collection project. Residents will work closely with Dr. Taube-Schiff on this project.

Supervision:

Forward Thinking places great emphasis on supervision and strives to ensure that all team members feel well supported. Supervision is provided in individual and group settings to allow for enhanced learning from others and individualized teaching time. Supervision is highly interactive and consists of role plays, didactics, reviews of notes and video recordings. Supervisors are readily available through asynchronous supervision and immediately for any potential emergency. Residents will have access to a shared drive that provides comprehensive information on a multitude of assessment and treatment interventions.

Supervision opportunities for residents:

Residents are able to supervise a more junior clinician during their residency year. They are also encouraged to present clinical cases at team meetings and assessment meetings. Residents will also have the opportunity to collaborate with other team members as well as professionals in the community, as needed.

Supervisors:

Marlene Taube-Schiff, Ph.D., C. Psych., L., Psych., R. Psych. (adolescent, adult, assessment) (Main contact)

Nicole Dent, Ph.D., C. Psych. (adult, assessment)

Hannah Bigelow, Ph.D., Psychologist (supervised practice) (child, adolescent, adult, assessment)

Tahira Gulamani, Ph.D., Psychologist (supervised practice) (adult, assessment)

www.ftpsych.ca

Didactic Program

Friday Afternoons

Didactic seminars will often be scheduled on Friday afternoons and the location for these seminars will be released at the start of the residency program in September 2027. All residents will attend these didactic seminars, participating in discussions of issues relating to professional practice in clinical psychology. . Residents will also attend meetings with one of the Co-Directors of Training on scheduled Fridays and these will be arranged when the seminar schedule is finalized. There are also several joint seminars for all GTA residents as well as national seminars for residents across Canada. From time to time, the joint seminars take place on Friday mornings.

Summer Rotation (Clinical Sites)

Over the months of July and August, residents in the School-Clinical track will no longer be involved in their School Psychology rotations. During this time, residents will increase their clinical training experiences through transferring the balance of their hours to their clinical sites thereby expanding clinical work at their community settings. As well, there may be some clinical or research opportunities at other clinical sites.

At a minimum, 25% of residents' time will be spent in the provision of direct face-to-face of psychological services to clients. Direct time will not exceed two thirds of training time.

Residency Program: Adult Track

Overview of Adult Clinical/Counselling, Clinical, and Health Rotations

Major Clinical, Counselling and Health Rotations

Residents in the Clinical-Counselling Psychology psychology positions will complete two half-time major rotations at participating training sites. Confirmed rotation pairings include: 1) Toronto Metropolitan University Centre for Student Development and Counselling and Broadview Psychology; and 2) Toronto Metropolitan University Centre for Student Development and Counselling and Transforming Emotions. York University Psychology Clinic (YUPC) will also participate in this track, with its rotation pairing to be finalized. Assignment will depend on student preference, experience in intervention, best fit considerations and will take place post-match. In addition, residents will spend one half-day per week at their didactic training seminars throughout the year.

Residents in the Clinical positions will be within the Eating Disorders Program (UHN) and Forward Thinking Psychological Services ® or Axia Health (NYGH) and Forward Thinking Psychological Services ®.

Available Clinical, Counselling and Health Sites:

- TMU-CSDC
- York - YUPC
- Broadview Psychology
- Forward Thinking Psychological Services ®
- Axia Health, North York General Hospital (NYGH)
- Eating Disorders Program, UHN
- Toronto General Hospital - Dept of Anesthesia and Pain Management, UHN
- Princess Margaret Cancer Centre - Oncology rotations, UHN
- Transforming Emotions (TE)

Major Clinical / Counselling / Health Psychology Rotations

Time Period	Days per Week	Site	Description
September – February	2.0 days	Site A	Major Clinical /Counselling Psychology rotation. See descriptions in the body of the brochure.
September – February	2.5 days	Site B	Major Clinical /Counselling Psychology rotation. See descriptions in the body of the brochure.
March – August	2.5 days	Site A	**Mid-year schedule switch** to ensure balanced training across placements.
March – August	2.0 days	Site B	**Mid-year schedule switch** to ensure balanced training across placements.

Seminars / Resident Meetings

Rotation	Days per Week	Months	Location	Description
Seminars / Resident Meetings	0.5 day	September – August	Friday afternoons, TBD	Didactic seminars, professional development, and resident meetings

Residents are assigned to two clinical sites and alternate between 2.0 and 2.5 days per week at mid-year.

Toronto Metropolitan University Centre for Student Development and Counselling

The CSDC offers a range of short-term evidence-based treatments. This residency will focus on training for both individual and group treatments as well as on knowledge of current clinical research on best practices and new developments in treatment approaches.

Assessment occurs through our semi-structured initial consultation appointments, structured suicide risk assessments, and ongoing monitoring and assessment of client symptoms and progress through client self-report. Recognition of the developmental stage of the majority of our clients (late adolescents and young adults) is integral to assessment, treatment and therapeutic alliance, as is understanding of their cultural background, gender and any other relevant factors. Considerable attention is given to lifestyle changes, coping skills and adjustment issues within the context of specific disorders. Residents will have an exciting opportunity to work with an exceptionally diverse student body as our students come from a broad range of cultures, and present to the CSDC with a broad range of diagnostic issues.

Description of Training Activities:

Individual Therapy Training Rotation:

CBT Rotation: Training will focus on diagnosis, formulating a CBT collaborative case conceptualization incorporating predisposing and protective factors, using standard CBT session structure, forming and sustaining a positive therapeutic alliance, and following standard CBT treatment protocols for a wide range of disorders: Anxiety Disorders, Depressive Disorders, Insomnia (within the context of Depression), IBS, OCD Spectrum Disorders, and PTSD. We also provide short- term treatment for relationship issues, adjustment difficulties, dealing with family break up, grief, and loss. As adjunct to these protocols, there will be considerable emphasis on

strengths - based CBT and integration of the development of a personal model of resilience into appropriate cases. Training in crisis intervention skills and suicide risk assessment training and intervention is incorporated into client case management, as appropriate. Supervision is conducted from a developmental framework. Methods of supervision include discussion of cases, listening to audio recordings of sessions together, loan of DVDs by master clinicians, and co-therapy as appropriate. Techniques of supervision include: modeling, role-plays and role rehearsal.

Emotion Focused Therapy (EFT) Rotation:

Training in EFT will take into account each resident's unique developmental needs for the effective use of emotion focused therapy. Skill development will begin with review of verbal and nonverbal communication skills and empathic attunement underlying therapeutic presence as a foundation for building rapport and trust. Skill development will progress through exposure to relevant emotion theory and its application to practice, alongside development of competence in a range of marker-driven emotion focused therapy interventions including empathic attunement, promotion of affective experience, reprocessing tasks, and use of emotion to transform emotion through evocative tasks. Concurrently, residents will be exposed to concepts of process diagnosis and case conceptualization within an EFT framework. Residents may expect to work with individual clients presenting with a range of anxiety and mood disorder symptoms.

Interested residents may request to co-facilitate an EFT group with a focus on the use of two-chair tasks to resolve self-critical splits. Training in crisis intervention skills and suicide risk assessment is incorporated into client case management, as appropriate. Methods of supervision include completion of assigned independent reading and review of selected APA DVDs, experiential and self-reflective learning, collaborative review of resident's audio recorded sessions, and discussion of cases.

Group Therapy Training Rotation:

Training in group therapy will focus on theory and practice of group therapy. Residents will be given the option of breadth (co- facilitating a wide range of groups) and/or the option of depth (focusing on a specific protocol for one or two disorders and co-facilitating several groups for that population). Opportunities to co-facilitate groups with your group therapy supervisor or another clinical psychologist include: CBT for depression, generalized anxiety, social anxiety, or panic disorder. Interested residents may request to co-facilitate an EFT group with focus on the use of two-chair tasks to resolve self-critical splits. Additional therapy groups offered by the CSDC include: mindfulness meditation for stress reduction, relationship lab: learning dating and couples skills, family relationships, tame your critic, facing loss, sexual violence support group and support group for eating disorders. A complete listing of current therapy programs may be viewed at the CSDC website at https://www.torontomu.ca/student-wellbeing/counselling/

Rotation goals

Residents will:

- develop competence in delivering evidence-based psychotherapy, delivering both individual CBT, EFT and group therapy to diverse clients with a wide range of presenting issues/disorders.
- consolidate their training in suicide risk assessment and crisis intervention, and increase awareness of ethical dilemmas as they pertain to these issues, develop group facilitation skills for a wide range of presenting issues/disorders using evidence -based interventions
- acquire basic motivational interviewing skills
- refine their documentation skills, and enhance their identities as professionals in the field of clinical psychology

Supervision:

At **CSDC**, for the individual CBT rotation, residents will participate in weekly individual and group supervision. Individual supervision includes a weekly review of cases, diagnostic clarification, case conceptualization, treatment planning, case management, discussion of ethical dilemmas, and discussion of professional practice issues as they arise. This also involves the supervisor periodically listening to the resident's audio recording of

sessions and review and co-signing of all session notes, referral letters and reports. Group supervision occurs in the context of our weekly 2-hour micro-skills seminars; whereby residents and practicum students present cases as they pertain to the topic of the week.

For the Group Therapy rotation, supervision will include discussion of best practices within group therapy, review and preparation for each group session prior to each group, and discussion and debrief analysis after each group. Group dynamics, client progress, therapy interfering behaviours, etc. will be discussed and addressed. Session notes will be reviewed and co-signed by the supervisor. Residents will initially observe and then will co-facilitate these therapy groups with their supervisor.

Supervisors:

Dr. Immaculate Antony, C.Psych immaculate.antony@torontomu.ca

Dr. Jesmen Mendoza, C. Psych. j5mendoz@torontomu.ca

York University Psychology Clinic

The YUPC rotation will be primarily affiliated with the Clinical training program and focus on intervention with adult clients who range in age, ethnicity and type of presenting problem. The Clinical doctoral program at York University provides in-depth training in evidence-based intervention strategies that are informed by a humanistic psychotherapy treatment model. Given the increased understanding of the importance of emotional processes in therapeutic change, the program provides a unique training opportunity that focuses on working directly with emotions in therapy. In particular, clinical psychology residents will receive in-depth training and supervision in an integrative, Emotion-Focused Therapy (EFT) treatment approach that highlights the importance of facilitating narrative, emotion, and new meaning making processes when working with a range of client presenting problems, such as MDD, GAD, social anxiety and complex trauma. In addition, opportunities for comprehensive psychological assessment training experiences will be provided tailored to the resident's interests and building upon previous experience with clinical testing of issues related to cognitive, academic and emotional problems. Additional opportunities may include assessments related to identification of autism, ADHD, or learning difficulties, depending on the resident's areas of interest.

Rotation Goals:

By the end of the rotation, goals for our residents include:

- Increased understanding of emotional change principles.
- Increased competency in psychopathology assessment, case formulation and EFT interventions.
- Increased knowledge about professional and ethical issues related specifically to working in a setting similar to a group private practice.

Supervision:

At the **YUPC**, mirroring our client-centred therapeutic approach, the supervision of our residents is done in an individual format focused on the preparation for independent, professional practice. A resident can expect to carry a case load of 5-8 clients and receive a minimum of 2 hrs. of weekly supervision provided by a registered psychologist that includes a review of their videotaped sessions and integrative discussions of didactic material relevant to each case. Residents can also expect to complete 3-5 assessments over the course of the year, with a minimum of 2 hours of supervision per week over the course of the assessment.

Primary Supervisor: Sandra Paivio, Ph.D., C.Psych.

Contact: Dr. Karen Fergus, Professional Practice Lead: kfergus@yorku.ca

Broadview Psychology

Broadview Psychology is a family focused and team based private clinic in central Toronto and Stouffville that provides DBT, CBT, ACT and EFT treatment to children, adolescents, parents, families, adults, and couples with diverse challenges. Its team consists of psychologists, social workers, post-docs, graduate students, behaviour therapists, a dietician and admin staff. Broadview Psychology specializes in treating transdiagnostic clients who

have problems in regulating their emotions and behaviour through comprehensive and adherent outpatient DBT. Broadview offers separate DBT programs for children, young adolescents, older adolescents, young adults and adults. Broadview Psychology associates work closely together as a team to provide a wide range of services to clients as well as to their family members, including individual, group, parent, family and sibling therapy, as well as phone/text coaching, educational and career coaching, and exposure therapy.

Rotation goals

Residents will:

- develop competence in assessment and conceptualization skills within a DBT framework
- develop competence in delivering DBT to youth and adults through individual therapy, phone/text coaching, and group skills training
- develop comfort in involving family members in the assessment and treatment process as appropriate
- increase competence in conducting psychoeducation and psychodiagnostic assessments with youth and adults

Description of Training Activities:

Clinical Opportunities at Broadview Psychology:

Residents will work within a dynamic, stimulating, and supportive team to provide empirically based treatment (primarily DBT and CBT) to clients who have difficulties related to emotional and behavioural dysregulation. Broadview Psychology specializes in providing comprehensive and adherent outpatient DBT to clients and their families. DBT aims to help clients to improve their ability to be mindful, accepting, validating and regulating of their emotions, such that they are not engaging in impulsive, avoidant or ineffective behaviour due to their emotions. Residents will have the opportunity to provide the following DBT or CBT services:

- DBT assessment and case formulation of young adults or adults
- DBT skills groups (co-facilitated) for young adults, adults or parents
- CBT, ACT or Mindfulness groups (co-facilitated) for young adults or adults to address depression, social anxiety, OCD, or body image issues
- DBT and CBT individual therapy for young adults, adults, or family members
- DBT phone and text coaching with young adults or adults
- DBT or EFT parent, couple or family therapy

If interested, residents may improve their testing and conceptualization skills by providing psycho-diagnostic, psychoeducational, ASD, ADHD and gifted assessments to young adults or adults.

Educational Opportunities:

Residents will have the opportunity to receive extensive training while at Broadview Psychology as this is an important component of the clinic. They will participate in weekly training sessions on providing DBT to adolescents, young adults, and families (minimum of 32 hours). They will attend training or consultation sessions provided to the Broadview Psychology team based on the team's educational needs. Residents will take part in weekly DBT consultation team meetings at which they will receive consultation from and provide consultation to team members. Residents may also attend relevant external training, financed by Broadview Psychology.

Research Opportunities:

Broadview Psychology has a program evaluation team headed by Dr. Vaunam Venkadasalam, that coordinates ongoing evaluation of our clinic, as well as evaluation of particular time-limited services. Residents will meet with this team to choose a program evaluation project using existing data or by collecting new data. They may engage in a process or summative evaluation of any of our primarily DBT or CBT services.

Supervision:

Broadview Psychology places an emphasis on supervision and provides weekly supervision to all trainees and consultation to all registered clinicians. Residents will receive a minimum of 1 hour of weekly individual

supervision with a registered psychologist, and 2 hours of weekly group consultation/supervision at DBT consultation team meetings. They will also receive supervision on an as needed basis with primary supervisors,assessment supervisors, co-facilitators of groups and with colleagues. Supervisors will be available at all times for emergency consultation. Supervision will occur through discussions of clinical, professional and ethical questions and issues, and the review of session recordings.

Supervision opportunities for residents:

Residents will have the opportunity to supervise a more junior clinician during the second half of the year. They will also provide consultation to any members of the clinical team both formally through consultation team meetings and informally through ongoing collaboration on cases.

Supervisors:

Dr. Christine Sloss, Ph.D., C.Psych (Main Contact; adults, couples, families, adolescents, children); drsloss@broadviewpsychology.com

Dr. Gibran Rodriguez, Ph.D., C.Psych (adults, couples, families, assessments); drrodriguez@broadviewpsychology.com

Forward Thinking Psychological Services®

Clinical Opportunities at Forward Thinking Psychological Services®

Residents will have the opportunity to work within an enriching and collaborative team and learn to deliver evidence-based assessment and treatment approaches. Clinical opportunities will be tailored to individualized learning goals.

Our clinic specializes in the provision of assessment and treatment for individuals experiencing symptoms of OCD, OCD related and anxiety disorders. Our team also focuses on comprehensive assessment for adults seeking ASD and/or ADHD assessments. We also work with individuals presenting with other issues, including depression, emotion dysregulation, trauma, interpersonal challenges and executive functioning difficulties. We receive diverse referrals from the community, psychiatrists, inpatient hospitals and residential treatment programs. Residents will receive exposure to a depth and breadth of psychological disorders.

Residents will have the opportunity to learn approaches for adolescents, young adults, adults and parents, focusing on both assessment and intervention:

- CBT interventions for OCD and OCD-related disorders, with a focus on ERP and ACT-based approaches
- Inference-Based CBT for OCD
- CPT for PTSD and trauma-related disorders
- ACT and DBT-informed approaches for a variety of other disorders including anxiety disorders, depression and executive functioning challenges
- Comprehensive psycho diagnostic assessments (older adolescents and adults), ASD and/or ADHD assessments (older adolescents, young adults and adults)
- Assessment feedback sessions take place with a supervisor present to enhance learning and growth

FTPS delivers treatment across Ontario, BC, Alberta, Nova Scotia, Quebec and New Brunswick. We are mostly virtual but we do have a space in midtown Toronto that we can book in-person sessions.

Educational Opportunities:

Our team meets once a month to engage in didactic learning, discuss challenging cases and learn from each other in a collaborative space. Monthly assessment team meetings allow for discussions and collaboration regarding complex diagnostic presentations. In-house professional development is also delivered and includes a focus on OCD-related clinical skills, parent coaching work, couples and family therapy interventions, therapeutic ruptures and repair and attachment-informed approaches. We also deliver workshops and training through our relationship with a practice collaborative, which have included training on Grief Therapy, Acceptance and Commitment Therapy, and Gender Transitioning.

Research Opportunities:

Forward Thinking engages in ongoing data collection and program evaluation. Residents will have the opportunity to work on a program evaluation project using the existing data collection tools or are welcome to discuss a new data collection project. Residents will work closely with Dr. Taube-Schiff on this project.

Supervision:

Forward Thinking places great emphasis on supervision and strives to ensure that all team members feel well supported. Supervision is provided in individual and group settings to allow for enhanced learning from others and individualized teaching time. Supervision is highly interactive and consists of role plays, didactics, reviews of notes and video recordings. Supervisors are readily available through asynchronous supervision and immediately for any potential emergency. Residents will have access to a shared drive that provides comprehensive information on a multitude of assessment and treatment interventions.

Supervision opportunities for residents:

Residents are able to supervise a more junior clinician during their residency year. They are also encouraged to present clinical cases at team meetings and assessment meetings. Residents will also have the opportunity to collaborate with other team members as well as professionals in the community, as needed.

Supervisors:

Marlene Taube-Schiff, Ph.D., C. Psych., L. Psych., R. Psych. (adolescent, adult, assessment) (Main contact)

Nicole Dent, Ph.D., C. Psych. (adult, assessment)

Hannah Bigelow, Ph.D., Psychologist (supervised practice) (child, adolescent, adult, assessment)

Tahira Gulamani, Ph.D., Psychologist (supervised practice) (adult, assessment)

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Axia Health North York General Hospital

Axia Health, a member of North York General Hospital, is an Ontario healthcare network specializing in the assessment and treatment of individuals with work-related injuries and complex recovery needs. Working collaboratively with hospital partners across the province, Axia brings together medical specialists, rehabilitation professionals, and mental health clinicians to provide timely, coordinated care.

Psychology is an important part of this interdisciplinary model. Patients may be coping not only with the physical effects of an injury, but also with psychosocial challenges that can complicate recovery. Axia's services include psychological assessment, counselling, pain management, medical care, functional assessment and occupational rehabilitation, allowing psychological care to be integrated with the patient's broader medical and rehabilitation journey.

Patients represent a diverse range of cultural and socioeconomic backgrounds. Common conditions treated include depression, anxiety, posttraumatic stress disorder, and somatic symptom disorder. Treatment modalities include CBT, DBT, and ACT. Treatment is conducted in person at 255 Consumers Rd, Suite 220, Toronto, ON and/or virtually (a hybrid model is offered). There may be some opportunities to complete comprehensive psychological assessments. These include a medical file review, diagnostic clinical interview and questionnaire administration. The purpose of the assessment is to provide direction regarding psychological diagnosis, prognosis, treatment and functional recommendations. Assessments are conducted in-person at North York General Hospital (4001 Leslie St, 3N-300, Toronto, ON) and/or virtually.

Individual and group supervision are provided by a registered psychologist. There are also opportunities to supervise psychology practicum students. Professional development opportunities are offered through attendance and/or presentation at Grand Mental Health Rounds at NYGH.

For psychology residents, an Axia placement offers exposure to the intersection of physical health, mental health, rehabilitation, and return to work, within a collaborative interdisciplinary clinical environment. Residents have the

opportunity to develop their understanding of complex presentations in which psychological, medical, functional, and occupational factors all contribute to recovery.

Supervisors:

Gillian Kirsh, PhD., C. Psych. (adult, assessment) (main contact)

https://axiahealth.com/

Transforming Emotions

Transforming Emotions offers short- to long-term evidence-based treatment with an intensive focus on Emotion-Focused Therapy. This residency will focus on training for individual treatment with a particular focus on mood and anxiety symptoms and disorders, alongside treatment of the sequelae of childhood trauma for those with prior training in either EFT or another trauma-informed modality.

Assessment occurs through semi-structured intake processes with a focus on productive emotion processing assessment, case formulation and treatment planning through an EFT-perspective. Treatment planning and associated trainee skill development will progress from development of rapport through empathic attunement and attention to poignancy through to the learning and implementation of marker-driven interventions aimed at evoking and transforming core pain points underlying persistent symptom presentations. Progress monitoring includes both clinician reflection, and use of brief reporting measures such as the PCL-5, DASS-21, WAI, etc. Supervision will emphasize an understanding EFT's transdiagnostic approach to treatment, integrating emotion-based assessment with an awareness of the impact of the client's cultural background and intersecting identities, awareness of relevant DSM-5 diagnostic categories and implications for treatment. Residents will receive an average of two hours/week of supervision including individual supervision and group supervision with a focus on review of recorded session material.

Description of Training Activities:

In the early months of residency, each resident will be asked to engage independent reading of an EFT text in alignment with their development stage as an EFT or experiential clinical (from beginning to intermediate), to independently review several APA videos of EFT intervention, and to complete a 30-hour course, offered at TE, focused on understanding change processes and developing specific intervention skills consistent with EFT. Early supervision will focus on development of therapist presence and skills in empathic responding, scaffolding the approach to early sessions in EFT, and building a case formulation for each client including marker recognition. In the first month of placement, residents will also be supported in generating a series of blogs seeking to impart clinically relevant information, in plain language, to members of the public who may be seeking psychological support with a particular challenge or experience. In middle stages of the residency, residents will begin to take the lead on case formulation for their clients, and will routinely engage in marker-driven EFT interventions while monitoring client progress. During this stage, supervisees will be expected to bring video recordings of their sessions to supervision with a focus on moment-by-moment processes unfolding in therapy including deepening experiencing, guiding clients from secondary to primary emotion, working within a client's window of tolerance, and seeking to transform primary maladaptive emotion schemes. In the final stages, supervisees will be supported towards increased independence in articulating formulation, treatment plans, and progress monitoring with a focus on increasing capacity for self-reflection and evaluation of client progress as they prepare for registration with their licensing body.

Supervisor:

Dr. Sarah Thompson, C.Psych., sarah@transformingemotions.ca

University Health Network:

Toronto General Hospital - Eating Disorders Program

The Toronto General Hospital Eating Disorders Program provides assessment and intensive treatment to adults (age 17+) with eating disorders and other comorbid mental health conditions. Our program includes inpatient, intensive outpatient and individual therapy outpatient treatment services.

Residents will have the opportunity to work with adults of various ages and with a range of eating disorder diagnoses including anorexia nervosa, bulimia nervosa, other specified feeding or eating disorder (OSFED) and avoidant/restrictive food intake disorder (ARFID). (Note that we do not provide services for binge eating disorder.) Our patients commonly have comorbid mental health concerns including mood and anxiety disorders, posttraumatic stress disorder, obsessive compulsive disorder, substance use disorders, personality disorders, and other difficulties with emotion regulation and impulsivity. Our treatment program is focused on trauma-informed, evidence-based care within a cognitive behavioural framework. Residents will have the opportunity to perform semi-structured diagnostic assessments, provide structured individual CBT (including Enhanced CBT for Eating Disorders (CBT-E), inpatient CBT sessions, and the possibility of CBT for ARFID), group CBT and/or DBT, as well as participate in multidisciplinary clinical team meetings. The rotation typically includes time in both the inpatient and outpatient settings.

A resident's typical experience in this rotation includes clinical service provision including assessment, treatment, documentation, and interdisciplinary team collaboration, as well as time spent in supervision, observation, education, and training. Our clinic also conducts a variety of research projects, including related to the processes and outcomes of CBT-based treatments for eating disorders, eating disorders and emotion regulation, and the treatment of comorbid eating disorders and PTSD. There may be opportunities to contribute to ongoing research projects as part of the rotation if this is of interest.

Contact Psychologists:

Kathryn Trottier, Ph.D., C.Psych. Kathryn.Trottier@uhn.ca

Danielle MacDonald, Ph.D., C.Psych., Danielle.macdonald@uhn.ca

Toronto General Hospital - Department of Anesthesia and Pain Management

One full time position will be offered within the Health Track.This placement offers a unique opportunity for health psychology training with training rotations in three interdisciplinary programs: The Transitional Pain Service, the Ehlers-Danlos Syndrome Clinic, and the Surgical Prehabilitation Program. Residents will gain experience in each of these programs.

Example Rotation Schedule

Rotation	Sept. - March	March - August
Transitional Pain Service	2 days	.5 days
Ehlers-Danlos Syndrome Clinic	.5 days	2 days
Prehabilitation Program	1.5 day	
research	.5 days	

Rotation Descriptions:

Major Rotations

Transitional Pain Service:

The Transitional Pain Service (TPS) is a multidisciplinary clinical service focused on prevention and management of chronic postsurgical pain and persistent opioid use. The TPS is also an opioid weaning hub and supports individuals with chronic pain to reduce reliance on opioid medications. Residents will conduct biopsychosocial assessment and short-term outpatient individual therapy to support pain management and opioid weaning.

Inpatient treatment experience is also available. Primary treatment modalities include Acceptance and Commitment Therapy, mindfulness and clinical hypnosis for pain management, and psychoeducation.

Ehlers-Danlos Syndrome Clinic:

Toronto General Hospital has one of the few clinics in the world specializing in treating people with Ehlers-Danlos Syndrome (EDS), a rare connective tissue disorder. EDS leads to joint dislocations, chronic pain, fatigue, gastrointestinal symptoms, and more. People living with EDS report a high prevalence of depression, anxiety, and emotion dysregulation. Each patient seen by psychology undergoes an intake assessment, with an emphasis on biopsychosocial conceptualization. Clinical intervention follows a stepped-care model including an Acceptance and Commitment Therapy workshop, a dialectical behaviour therapy skills group, and time-limited individual therapy. Opportunities to engage in gut-focused clinical hypnosis for GI distress are also available.

Minor Rotation (year long)

Surgical Prehabilitation Program:

The Prehabilitation Program is a pre-surgical intervention program that aims to optimize health prior to surgery to create physiologic and psychosocial resilience to protect against stress, deconditioning, complications, and chronic morbidity that may occur as a result of surgery. The resident will conduct brief assessment and intervention (1-2 sessions) to identify and address risk factors for poor surgical outcomes (e.g. anxiety and surgical fears, low mood) and support health behaviour change before surgery (e.g. exercise and diet changes). Interventions used include motivational interviewing, Acceptance and Commitment Therapy, and cognitive-behavioural therapy.

Minor Research Rotation (optional):

Residents will be welcome to become involved in research pending interest and availability. Each of the programs above has a clinical research mission, with ongoing prospective data collection to examine patient population and clinical outcomes. There may also be opportunities to serve as an interventionist on ongoing clinical trials, including trials of brief interventions for postsurgical pain and gut-directed hypnotherapy for IBS.

Contact Psychologists:

Max Slepian, Ph.D., C.Psych. maxwell.slepian@uhn.ca

Molly McCarthy, Ph.D., C.Psych. molly.mccarthy@uhn.ca

Michelle Flynn, Ph.D., C.Psych. michelle.flynn@uhn.ca

Rachel Siegal, Ph.D., C.Psych. rachel.siegal@uhn.ca

Princess Margaret Cancer Centre: Psychosocial Oncology Rotations

One full-time position will be offered within the Health Psychology Track.
The Princess Margaret Psychosocial Oncology rotation provides psychology residents with comprehensive training in the assessment and treatment of psychosocial concerns across the cancer trajectory, from diagnosis and treatment through survivorship and end-of-life care. Residents receive training in biopsychosocial approaches to cancer care, health psychology, and schema-focused therapy, acceptance-and-commitment therapy, and meaning-centred psychotherapy, while participating in multidisciplinary clinical care, rounds, and supervision. The rotation offers a broad range of clinical experiences across four specialized programs:

Rotation Structure

Rotation	Sept. - August
Pediatric Cancer Aftercare Clinic	1 day
AYA Psychosocial Service	2 days
GU Cancer Psychosocial Service	1 day
Sexual Health Clinic	.5 day

Rotation Descriptions

Pediatric Cancer AfterCare Clinic
The Pediatric Cancer AfterCare Clinic provides multidisciplinary care to survivors of childhood cancer and brain tumours experiencing long-term or delayed effects of cancer and its treatment. Residents gain experience supporting patients and families with psychological, educational, social, and vocational challenges, with an emphasis on coping, adjustment, and achieving educational, vocational, and personal goals.

Adolescent and Young Adult (AYA) Psychosocial Service
The AYA Program provides personalized, multidisciplinary care to young people with cancer during a formative stage of life. Residents will gain experience providing psychological care to younger adults, navigating the impact of cancer on identity, independence, relationships, disclosure and dating, parenting, education and work, fertility and family planning, sexuality, and body image. Clinical work may involve adjustment to diagnosis and treatment, anxiety and depression, fear of recurrence or progression, uncertainty, grief and loss, trauma-related distress, social isolation, and challenges related to survivorship and life after treatment. Residents may also gain experience facilitating groups, including psychological interventions and peer support groups.

Genitourinary Cancer Psychosocial Service
The Genitourinary Cancer Psychosocial Service provides multidisciplinary psychological care to patients and families across the cancer journey, from diagnosis and treatment through survivorship and end-of-life care. Residents gain experience addressing treatment decision-making, adjustment and adaptation, masculinity, social and caregiver support, grief and loss, self-confidence, perfectionism, and meaning and purpose.

Sexual Health Clinic
The Sexual Health Clinic provides multidisciplinary care to patients and couples experiencing cancer-related sexual health concerns following diagnosis or treatment. Residents gain experience addressing sexual dysfunction, intimacy, body image, sexual identity, performance anxiety, and relationship difficulties. Working alongside sexual medicine physicians, psychologists, nurses, and sexual health counsellors, residents develop skills in supporting patients and couples in re-establishing sexual function, intimacy, and quality of life.

Contact Psychologists

Andrew G. Matthew, Ph.D., C.Psych.
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Aliza A. Panjwani, Ph.D., C.Psych.
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Major Adult Neuropsychology Rotations

Residents in the two Adult Neuropsychology positions will each complete two half-time major rotations at Toronto Western Hospital and two half-time minor rotations: one through at the Toronto Western Hospital and one through the Spinal Cord Injury Program at Toronto Rehabilitation Institute. Residents spend 2.5 days per week in a major rotation, 2 days per week in a minor rotation, and 0.5 day per week in the joint didactic program

During the residency year, residents will work with psychologist supervisors across Toronto Western Hospital and Toronto Rehabilitation Institute. This supervisory model reflects the specialized nature of the core clinical services while providing residents with opportunities to benefit from varied clinical perspectives, areas of expertise, and supervisory styles.

A typical rotation schedule is outlined in the table below:

Resident	September to February	March to August	Year-long activity
Resident A	Major rotation: Epilepsy Surgery Program, TWH: 2.5 days/week Minor rotation: General Neuropsychology Service, TWH: 2 days/week	Major rotation: DBS Program for Parkinson's disease, TWH: 2.5 days/week Minor rotation: Spinal Cord Injury Intervention, TRI (Lyndhurst): 2 days/week	Consortium didactics and resident meetings: 0.5 day/week, typically Friday afternoons
Resident B	Major rotation: DBS Program for Parkinson's disease, TWH: 2.5 days/week Minor rotation: Spinal Cord Injury Intervention, TRI (Lyndhurst): 2 days/week	Major rotation: Epilepsy Surgery Program, TWH: 2.5 days/week Minor rotation: General Neuropsychology Service, TWH: 2 days/week	Consortium didactics and resident meetings: 0.5 day/week, typically Friday afternoons

Note: The two residents rotate through the same two training groupings on opposite schedules. One resident completes the Epilepsy Surgery Program and General Neuropsychology Service during the first six months while the other completes DBS and Spinal Cord Injury Intervention; they switch groupings for the second six months.

Overview of Adult Neuropsychology Rotations

TORONTO WESTERN HOSPITAL – Epilepsy Surgical Program

The primary responsibility of the neuropsychologist in this program is to evaluate patients with focal epilepsy to inform surgical planning and decision-making, as well as to evaluate post-operative cognitive changes. The primary role of the resident is to conduct comprehensive individual assessments, write integrative reports, and provide feedback to patients, their care-partners, and the interdisciplinary epilepsy surgical team. The resident will participate in weekly epilepsy surgery rounds and contribute to decision-making regarding surgical candidacy alongside professionals from neurosurgery, neuroradiology, neurology (epileptology), and nursing. This setting includes exposure to language mapping using functional MRI (fMRI) and, where available, specialized procedures such as the Wada procedure. Residents will learn to integrate neuropsychological findings with fMRI language-mapping results and other relevant neurological investigations when formulating opinions regarding surgical candidacy and risk for post-operative cognitive change.

Contact Psychologists:

David Gold Ph.D, C.Psych. david.gold@uhn.ca

Devon Andersen, Ph.D., C.Psych. devon.andersen@uhn.ca

TORONTO WESTERN HOSPITAL – Movement Disorders/Deep Brain Stimulation Program

The primary responsibility of the neuropsychologist in this program is to evaluate patients with Parkinson's disease before and after Deep Brain Stimulation (DBS) to inform surgical planning and decision-making, evaluate cognitive outcomes, and contribute to long-term post-DBS care. The primary role of the resident is to conduct comprehensive individual assessments, write integrative

reports, and provide feedback to patients, their care-partners, and the interprofessional DBS team. The resident will participate in monthly DBS surgical rounds and contribute to discussions regarding surgical candidacy alongside professionals from neurosurgery, neurology, neuropsychiatry, and nursing. Residents will gain experience integrating neuropsychological findings with neurological, neuroimaging, and other clinical information to support risk stratification for cognitive and functional outcomes and longitudinal care in the context of Parkinson's disease.

The patient population served by the DBS Program is culturally and linguistically diverse, providing residents with opportunities to further develop competencies in culturally responsive neuropsychological practice, cross-cultural assessment, and interpreter-mediated neuropsychological assessment. Residents may also have opportunities to observe clinical activities across the DBS care pathway, providing exposure to the interdisciplinary processes involved in patient selection and post-operative management.

Contact Psychologist:

Melanie Cohn, Ph.D, C.Psych. melanie.cohn@uhn.ca

TORONTO WESTERN HOSPITAL – General Neuropsychology Service

This minor rotation provides breadth of training through referral-based outpatient neuropsychological consultation with adults and older adults referred from Krembil Brain Institute programs at Toronto Western Hospital. Referral sources commonly include Movement Disorders, Memory Clinic, Neurosurgery, Concussion, and Epilepsy services. Consultation questions frequently involve differential diagnosis, characterization of cognitive strengths and weaknesses, treatment planning, determination of functional impact, and recommendations. Residents may assess patients with various neurodegenerative diseases, neurovascular conditions and related surgical interventions, non-surgical epilepsy, and persistent post-concussion symptoms. This rotation supports the development of flexible assessment, formulation, consultation, and feedback skills for patients, care partners, and referring clinical teams.

Contact Psychologist:

Melanie Cohn, Ph.D, C.Psych. melanie.cohn@uhn.ca

TORONTO REHAB – Spinal Cord Rehab, Lyndhurst Site

The Spinal Cord Rehabilitation Program offers both inpatient and outpatient services for individuals who have sustained either a traumatic or non-traumatic spinal cord injury.

Outpatient therapy and specialty clinics are designed to address any concerns our clients may have relating to their independence and overall health, while the inpatient program is designed to be a short-term rehabilitation program and is intended to help patients maximize independence and functional status in preparation for their return to the community. It is an adult program for patients 18 years of age and older. An individualized and interdisciplinary rehabilitation program has been developed to address the specific needs of each patient admitted to the program. The interdisciplinary team consists of physiatrists, general practitioners, physiotherapists, occupational therapists, social workers, consulting psychiatrist, recreation therapists, nurses, speech language pathologists, respiratory therapists, and spiritual care.

As a resident in this rotation, you will be working with spinal cord injury patients in both the inpatient and outpatient setting. Residents will also have the opportunity to work with individuals who have sustained a spinal cord injury concurrent with several clinical conditions including acquired and traumatic brain injury, neurological disorders, psychiatric disorders, substance use disorders, and mild cognitive impairment. The role of the resident will be to provide clinical interventions that could include cognitive behavioral therapy interventions; mindfulness based intervention; interpersonal therapy, supportive counseling and cognitive remediation as part of the clinical training experience. In addition, residents will have an opportunity to provide group intervention, and to co-facilitate an inpatient group program designed to support individuals adjusting to spinal cord injury. Residents will also have the opportunity to work within an interdisciplinary inpatient clinical team and actively participate in case conferences, as well as gain experience in the areas of health psychology and rehabilitation psychology.

Residents are assured diversity of experiences across the age span (transitional age youth, adult, older adult) and cultural and socio-economic backgrounds. Residents will be supervised by two supervisors (Dr. McKay and Dr. Yao) within the rotation.

Contact Psychologists:

Martha McKay, Ph.D., C.Psych. martha.mckay@uhn.ca

Christie Yao, Ph.D., C.Psych. christie.yao2@uhn.ca

Supervision at UHN:

At **UHN**, supervision of residents will be provided by staff who are registered with the College of Psychologists and Behaviour Analysts of Ontario and who have an established record of both supervision and mentoring. At a minimum, residents will receive 4 hours per week of supervision across their rotations.

Educational Opportunities/Didactic Seminars

There are a wide variety of educational experiences available to residents across the consortium sites. Each rotation includes educational and training activities, such as multidisciplinary case conferences and workshops. In addition, residents are encouraged to take advantage of a wide variety of other professional development activities including professional lectures, weekly grand rounds, workshops, seminars, and professional conferences. A partial list of opportunities available across sites is provided below.

Broadview Psychology

Residents will attend 32+ hours of training in providing DBT to youth and families during the first four months of their residency. Throughout the residency, they will participate in a weekly 2 -hour DBT consultation meeting, in which team members consult, teach, model and learn from one another. Residents will also participate in periodic training or consultation sessions that are provided to the team at Broadview Psychology by Broadview psychologists, or by external psychologists. Trainings and consultations often relate to the treatment of BPD, self -harm, suicidality, eating disorders, substance use disorders, OCD, and PTSD, and are provided by clinicians skilled in the use of DBT, CBT or ACT. They may receive training through watching videotapes and webinars that the clinic owns to help clinicians with their education and development. Finally, they may choose to attend external relevant trainings financed by Broadview Psychology.

Forward Thinking Psychological Services®

Forward Thinking offers a variety of educational opportunities throughout the year. All residents throughout the consortium will be apprised of the scheduling and will be welcome to attend. In-house professional development is delivered and often includes a focus on OCD-related clinical skills. Topics will also include clinical skills related to individual therapy work, neurodivergent assessment skills, parent coaching, and couples and family therapy. We also deliver workshops and training through our relationship with a practice collaborative, which have included training on Grief Therapy, Acceptance and Commitment Therapy, and Gender Diversity and Gender Affirming Care.

TMU - CSDC

We offer a weekly, two -hour seminar/group supervision for all trainees on (1) CBT theory and interventions, (2) EFT theory and interventions and (3) common factors relating to therapeutic alliance and empathy. Our residents attend weekly case management meetings and monthly professional development seminars offered to all CSDC staff.

Transforming Emotions

In the fall term, Transforming Emotions offers a 30-hour structured training in Emotion Focused Therapy including a combination of synchronous or asynchronous lecture components and live skills practice groups. Residents attend monthly group supervision, and are welcome to attend monthly team meetings.

UHN

Within each rotation, residents will be expected to attend mandatory patient rounds as well as didactic seminars. In addition, residents are encouraged to take advantage of a wide variety of other professional development activities including: interdisciplinary clinical teaching rounds; research rounds; weekly grand rounds; psychology team meetings; an education series for patients and families; as well as weekly and monthly journal club meetings.

YUPC

Being associated with and housed in an academic institution enables YUPC to provide a range of training and education activities throughout the residency year. There are monthly clinical rounds in which guest speakers present on a variety of therapeutic issues. In addition to these rounds, the resident will be offered the opportunity to attend similar rounds where the focus is on neuropsychology and health psychology topics, subspecialties with the York University Clinical Doctoral Program. YUPC also sponsors a number of continuing education programs to community-based professionals that the resident will have an opportunity to attend.

Supervision

Psychological services provided by the resident are supervised by supervisors who are doctoral-level and experienced psychologists, registered within their jurisdiction of practice, and deemed competent to provide the kind of psychological service for which they are providing supervision. **Supervisors are clinically responsible for psychological services provided by the residents they are supervising.**

Residents will receive a minimum of 4 hours of supervision time per week, at least three which are in individual supervision, across all residency sites.

Evaluation

Each student is evaluated by their primary supervisor for each major and minor rotation. Written evaluations are conducted at the midpoint and end of each rotation. Residents receive a formal, written evaluation of their clinical skills and performance at the mid-point (sixth month) and end (twelfth month) of the residency year. It is expected by the end of the residency that residents are rated on all items within the top three categories. These evaluations are reviewed with the resident and rotation supervisor and are then sent to the Director of Training (DT) to be reviewed. Residents also complete written evaluations for each supervisor in each of their rotations, at the end of their rotations. Residents are encouraged to provide feedback on the quality of supervision, the time commitments involved in the rotation, the balance between direct and indirect hours, and other aspects of the rotation experience. The DT is responsible for communicating with the resident's home academic institution regarding the residents' progress. Written feedback is sent to the home institution at the midpoint and at the time of completion of the residency.

Salary

Residents will receive a salary of $45,000. Residents will receive three weeks of vacation. In the case of the school rotation placements, the majority of holidays must be taken in December 2026 (2 weeks) and March 2027 (1 week). In the case of community rotation placements, residents can take their vacation as coordinated with

their placements. Please note, the Friday seminars are mandatory to attend and absences must be approved by the residency co-directors ahead of time.

Requirements

Eligibility/Minimum application requirements (Academic)

Minimum requirements include:

- Applicants must be enrolled in a CPA or an APA accredited professional psychology doctoral program (Clinical, Counselling or School-Clinical) or its equivalent,
- A minimum of 600 hours of practicum experience, with both assessment and intervention experience required, see APPIC website for specifics.
- Completion of all requirements for the doctoral degree except for the dissertation.

Eligibility/Minimum application requirements (Non-Academic)

Residents in the School-Clinical Track **must** also have the following:

1. **A terminal Master's degree**
2. **A driver's license by the time of interviewing and access to a car during the residency year.**

All residents must hold Professional Liability Insurance during the full course of their residency training. Proof of liability insurance coverage will need to be demonstrated prior to beginning the residency. Residents must meet the specific eligibility requirements of their training sites such as Police Checks (VSS), proof of immunizations/updated immunizations.

Application Process

We are CPA- accredited and our residency training program adheres to CPA standards and criteria. We are also members of the Canadian Council for Professional Programs in Psychology (CCPPP) and the Association of Psychology Post-Doctoral and Residency Centers (APPIC). We participate in the APPIC Matching Program, abiding by all APPIC guidelines regarding the residency application and selection process.

Canadian immigration policy requires that suitable Canadian Citizen and Permanent Resident applicants must be given preference; international students with valid Canadian Co-op Work Permits will be considered and may apply.

Application Procedure

TARC will only accept applications received through the APPI online.

Please Note:

1. We may contact referees or the DCT's directly for further information or clarification.
2. We require *no supplemental material* to be sent with the application.

Decisions about ranking of potential residents will be made by the Consortium Committee. Residents will be selected on the basis of merit without regard to race, national or ethnic origin, colour, religion, age, sex, sexual orientation, marital/family status or physical handicap.

Rotation Selection Process for the School-Clinical Positions

Students in the Child Track may apply to the specific clinical rotations they prefer and are encouraged to apply to, and rank, more than one clinical site if desired. Clinical sites are paired with the school board and are determined in the matching process based on applicant ranks and the program rankings.
Students apply to the Clinical Counselling program, not to preferred rotations or positions. Assignment to specific rotations will depend on student preference, experience in intervention, best fit considerations and will take place post-match.

The program numbers are below:

Adult Track

- **186313** Clinical and Counselling Psychology (TMU, YUPC, Broadview, TE; 3 positions)
- **186312** Clinical Psychology: ED (TGH) and FTPS (1 position)
- **186317** Clinical Psychology: Axia Health (NYGH) and FTPS (1 position)
- **186311** Health Psychology (UHN; 2 positions)
- **186314** Neuropsychology (UHN; 2 positions)

Child Track

- **186315** School Psychology + FPC
- **186316** School psychology + Broadview

The application deadline is: **November 15, 2026, 11:59pm.**

****Note: All interviews in 2027 will be completed virtually.**

Contact Information

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DBT-Linehan Board of Certification, Certified Clinician
Clinical Director

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Dr. Marlene Taube-Schiff, C. Psych., L. Psych., R. Psych.
Director, Founder, Forward Thinking Psychological Services®
Past President, Ontario Psychological Association
President, The Canadian Association for Cognitive Behavioural Therapies
Adjunct Lecturer, Department of Psychiatry, University of Toronto
CACBT-ACTCC-Certified in Cognitive Behavioural Therapy

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Canadian Psychological Association (CPA):
141 Laurier Avenue West, Suite 702
Ottawa, Ontario K1P 5J3
Tel: 613-237-2144
Toll free (in Canada): 1-888-472-0657
http://www.cpa.ca

Faculty

Name & Credentials	Title & Affiliation	Contact & Website	Clinical Interests
Dr. Immaculate Antony, C.Psych.	Psychologist, Residency Coordinator Toronto Metropolitan University	immaculate.antony@torontomu.ca 416.979.5000 x 5195	Mood and anxiety disorders, CBT/EFT
Devon Andersen, Ph.D., C.Psych	Neuropsychologist, UHN	devon.andersen@uhn.ca	Epilepsy, Diagnosis and treatment in neurological disorders, Adjustment in chronic illness and acquired/traumatic brain injury
Melanie Cohn, Ph.D. C.Psych	Neuropsychologist, Clinic Director, UHN	Melanie.cohn@uhn.ca	Parkinson's disease and movement disorders; Deep Brain Stimulation and neuromodulation; Stroke and vascular neurosurgery
Gillian Kirsh, PhD., C. Psych.	Psychologist, NYGH, Axia Health	gillian.kirsh@nygh.on.ca	
David Gold, Ph.D., C.Psych	Neuropsychologist, UHN	David.gold@uhn.ca	Epilepsy, concussion, diagnostic psychiatry/ neurology, neurodegenerative, ADHD
Mirisse Foroughe, Ph.D, C.Psych.	Chief Psychologist, Family Psychology Centre	mforoughe@familypsychology.org familypsychology.org 416.848.1829	Emotion transformation, family therapy, intergenerational trauma, nonverbal behaviour, clinical teaching
Marie-Josée Gendron, Ph.D., C.Psych	*Acting Chief of Psychological Services*	marie-josee.gendron@tcdsb.org	
Karen Fergus, Ph.D., C.Psych.	Professional Practice Lead, YUPC	kfergus@yorku.ca	
Andrew Matthew, Ph.D., C. Psych.	Senior Psychologist, University Health Network	andrew.matthew@uhn.ca	Patient-facing and online intervention programming specific to oncology treatment decision-making, sexual rehabilitation, survivorship and patient quality of life

Martha McKay, Ph.D, C.Psych.	Psychologist/Neuropsychologist, Discipline Head for Psychology UHN	martha.mckay@uhn.ca 416.597.3422 x 6223	Spinal cord injury, concurrent acquired/traumatic brain injury, adjustment to injury, mood and anxiety disorders, trauma, CBT, group intervention
Jesmen Mendoza, Ph.D, C. Psych.	Psychologist, Toronto Metropolitan University	j5mendoz@torontomu.ca 416.979.5000 x 16630	Group therapy, CBT, forensic mental health.
Maxwell Slepian, Ph.D., C.Psych.	Psychologist, Clinician Investigator, Krembil Research Institute	maxwell.slepian@uhn.ca	Clinical care and research in the Transitional Pain Service and in the GoodHope Ehlers Danlos Syndrome clinic
Marta Statucka, Ph.D, C.Psych	Neuropsychologist, UHN	Marta.statucka@uhn.ca	Parkinson's disease, Deep Brain Stimulation, diagnostic assessment in neurodegenerative disorders
Sandra Paivio, Ph.D, C.Psych.	Clinical Adjunct Faculty Member, York University	www.yorku.ca/yupc	Process-outcome research, trauma, role of emotion in therapy, treatment development and evaluation.
Danielle MacDonald, Ph.D, C.Psych.	Psychologist, Eating Disorders Program, University Health Network; Assistant Professor, Department of Psychiatry, University of Toronto	danielle.macdonald@uhn.ca 416-340-4749 www.uhn.ca	Eating disorders intensive treatment from a cognitive-behavioural framework; program development and evaluation.
Christine Sloss, Ph.D. C.Psych., DBT-Linehan Board of Certification, Certified Clinician	Director of Broadview Psychology	drsloss@broadviewpsychology.com 647-284-5191	Children, adolescents, adults, families and couples, DBT/CBT, parent and family therapy, emotional and behavioural dysregulation, BPD, self harm, suicidality, eating disorders, mood and anxiety disorders, OCD, substance use, PTSD
Marlene Taube-Schiff, Ph.D., C.Psych., L. Psych., R. Psych.	Director of Forward Thinking Psychological Services®	marlene@ftpsych.ca	Adolescents, adults, parent work,OCD and OCD-related disorders, anxiety, trauma, depression, ASD and ADHD assessments and interventions, CBT interventions (CBT, ERP, ICBT for OCD, ACT, DBT-informed approaches)

Sarah Thompson, Ph.D. C.Psych. Trainer and Certified Supervisor with the International Society for Emotion Focused Therapy	Director, Transforming Emotions	sarah@transformingemotions.ca	Adolescents, adults, couples, groups, depression, anxiety disorders, trauma, emotion-focused individual, couples, and group therapy.
Kathryn Trottier, Ph.D, C.Psych.	Psychologist and Clinical Program Lead, Eating Disorders Program, UHN, Department of Psychiatry, University of Toronto	Kathryn.trottier@uhn.ca 416-340-4800 x4067 www.uhn.ca	Eating disorders intensive treatment including program development and evaluation.
Christie Yao, Ph.D., C.Psych	Psychologist/Neuropsychologist, UHN	Christie.Yao2@uhn.ca 416-597-3422 x6272	acquired/traumatic brain injury, adjustment to injury, mood and anxiety disorders, trauma, CBT, group intervention